

- VMCHS Alumni Newsletter -



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We are looking for alumni!

Vincent Memorial Catholic High School wants to reconnect with its alumni. It is important for us to have and maintain accurate records and you can help us do this. If you have not done so through the link on Facebook, please send the following information to our email:

development@vmchs.com

Name
Last Name
Date of Birth
Graduation Year
Home Address
E-mail Address
Home Phone
Cell Phone

We value our alumni and we don't want to lose touch with you!

*"If God is the center of your life, no words are necessary. Your mere presence will touch hearts."
Vincent de Paul*

Football

The season has started! Our Scot football team has been on the road playing non-league games. The Junior Varsity has been playing really well and holds a 3-1 record. Our Varsity team holds a 2-2 record.

Our first home game, which will be played at Southwest High School) is October 19th vs. Holtville. JV plays at 4 pm and Varsity plays at 7 pm. Let's support our

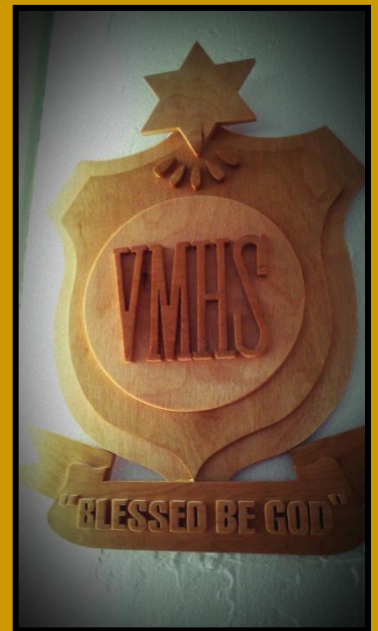
Scots!

Here is the football schedule:

10/5 @ Foothills 7:00 pm
10/11 @ Mt. Empire 4:30/7:00 pm
***10/19 vs. Holtville 4:30/7:00 pm**
***10/26 vs. Calipatria 4:30/7:00 pm**
***11/2 vs. Julian 7:00 pm**

***denotes home games**

Let's support our Scots by attending their games!



Volleyball

The girls' Volleyball team practiced all summer. We have a lot of new girls on the team who are excited to represent Vincent Memorial. Come and see them play!

Their schedule is as follows:

- *10/5 vs. Calipatria 4:00/5:30 pm**
 - *10/10 vs. Mount Empire 4:00/5:30 pm**
 - 10/12 @ Warner Springs TBA
 - *10/17 vs. Calexico Adv 4:00/5:30 pm**
 - 10/19 @ Julian 3:30/ 5:00 pm
 - 10/24 @ Borrego Springs TBA
 - 10/31 @ Calipatria TBA
- *denotes home games**

Tennis

The girls' tennis team has been playing for a couple of weeks now. Our very own Graciela Rosas is undefeated in the singles category. Let's support our girls by attending their games!

The girls Tennis schedule is:

- 10/3 @ Brawley 3:15 pm
- 10/8 @ Holtville 3:15 pm
- 10/10 @ Calexico 3:15 pm
- 10/15 @ Southwest 3:15 pm
- 10/17 @ Central 3:15 pm
- 10/22 IVL Finals TBA
- 10/24 IVL Finals TBA

Want to know what is going on with your Alma Mater?

Remember all the activities that were planned when you were a student? Well, the ASB plans and executes various activities during the school year! Some are old, some are new, but they are all fun! The activities are cherished by all of our student body. We have created a blog for VMCHS to keep you up to date on what is going on! To visit our blog, make suggestions and post comments visit:

<http://vmchsalumni.wordpress.com>

If you want us to write about something in particular, please e mail your suggestions to our e mail: development@vmchs.com.



Senior Ana Marisel Quiroz cheering for her class during the senior/freshman breakfast on September 6th, 2012.

Help us raise funds by purchasing some Christmas gifts!



This semester, we are doing something different. We already had a raffle that raised \$6,800 for our Tuition Assistance Program. The 1st place winner (\$500) was Rosa Gonzalez, 2nd place (\$250) was Mario Jimenez and 3rd place (\$100) was Monica Quintana. This catalog fundraiser is the first Parent Teacher Group (PTG) fundraiser. Each VMCHS student received a catalog and was asked to sell 250 dollars worth of products. The catalog has everything from Christmas wrapping paper to beautiful jewelry. They are great gifts for the holidays! If you know a VMCHS student, you can buy something from them or you could come by the school and place your order in the office. There will be prizes for students who sell the most products! All the money raised will benefit VMCHS and its students directly.

Vincent Memorial and the Community

Not only is October breast cancer awareness month, one of our alumni, Janela Mora, class of 2011, is battling cancer. As a way to raise awareness and help out the community, the VMCHS family is invited to participate in the Cancer Resource Center of the Desert's (CRCD) community campout against cancer. The CRCD provides FREE services to men, women, and children of all ages diagnosed with cancer in the Imperial Valley. They provide individualized cancer and treatment education, emotional support, as well as financial navigation. Our team name is VMCHS- Team Janela. If you want to participate, please send us an email through Facebook or to our e mail:

development@vmchs.com.

Prices will be given to the most spirited group and you can even dress up as a superhero! **THEME: SUPER HEROES!**



WHAT?

Community Campout Against Cancer

WHERE?

Imperial High School Football Field

WHEN?

October 20 and 21, 2012 from 6 pm to 6 am.



OCTOBER ACTIVITIES

- 1 School Volleyball tournament Finals
- 4 Rosary (7:45 am) @ chapel
- 5 Mass in honor of Sr. Luz Eugenia de Jesus, SJS 10:15 am
- 9 Mass 10:15 am
- 11 Pep rally
- 16 Mass 10:15
- 18 Rosary (7:45 am) @ chapel
- 22 Junior Girls Retreat
- 23 Junior Boys Retreat
- 29- Nov 2 Red Ribbon Week (The best me is drug free)

SAVE THE DATE!



NOVEMBER 19, 2012

is our

WALK-A-THON!

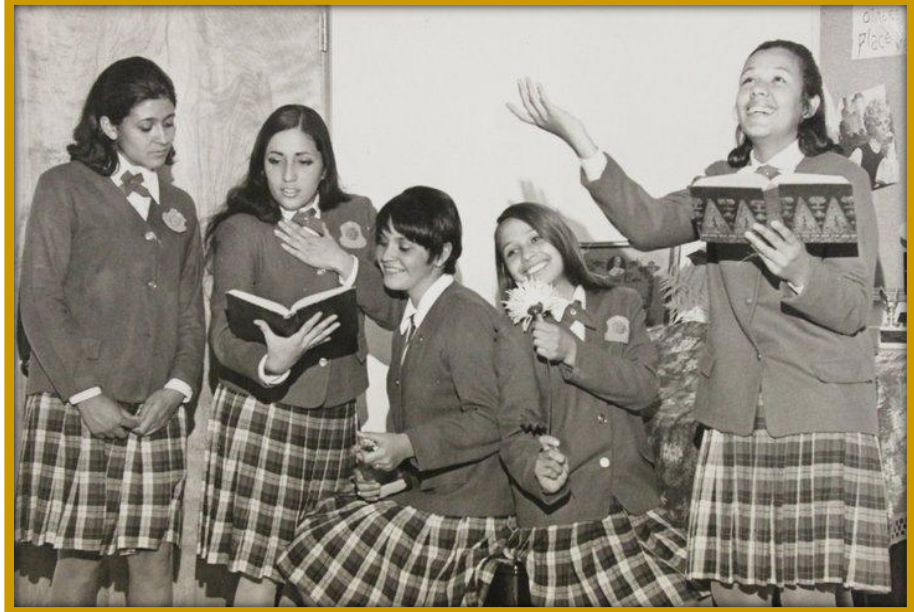
You can help out by attending, sponsoring a student, or sending a donation for our fundraiser. Please contact the office for additional information

All money raised will be used for the school's operating expenses

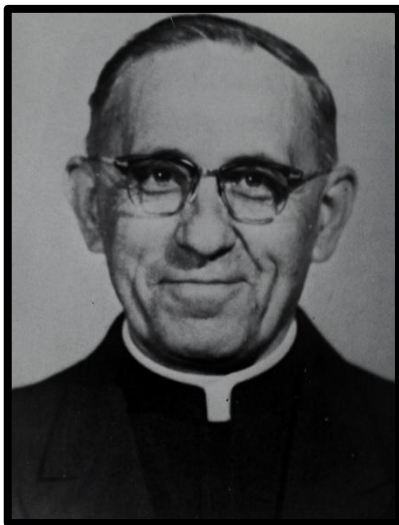
Do you have a yearbook?

We are missing a couple of yearbooks at Vincent. If you or someone you know is discarding a yearbook, please consider donating it back to school. We really want to complete our collection and we have had requests for yearbooks. They can be brought to school or mailed to our office.

Thank you.



1968-1969 Drama Club



Creating the Vincent Memorial Timeline

Vincent Memorial just celebrated its 45th Anniversary. A lot of things have happened in this time. For this reason, we want to create a timeline of what has happened throughout the years and we need your help! Do you remember our founder, Father Vincent? What year we started athletics? What special events happened? What awards or trophies did we get? If you have any information regarding Vincent, please send us an e mail to development@vmchs.com or send us a letter to the office. We would really appreciate any information.

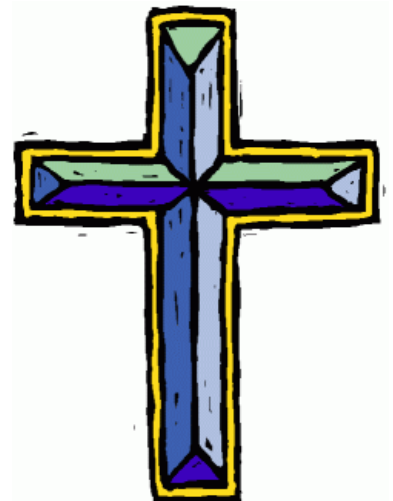
Picture: Rev. Jean B. Vincent (founder)

Prayer Corner

Do you feel you are too busy to pray? Loyola Press makes it easy for us to spend some time with God every day. They offer 3-Minute Retreats which invite you to take a short prayer break right at your computer, spending some quiet time reflecting on a Scripture passage. To start your daily 3 minute retreat, go to <http://www.loyolapress.com/>.

"Prayer is not asking. It is a longing of the soul. It is daily admission of one's weakness. It is better in prayer to have a heart without words than words without a heart."

– **Mahatma Gandhi**



Message from our Principal...

Dear VMCHS Alumni,

As you may know the month of October is dedicated to the missions and in a special way to honor Mary as Our Lady of the Holy Rosary. As we pray the rosary this month let us offer it for all those who work in the missions and for the increase of faith throughout the world.

John Paul II emphasized the significance of praying the rosary for families. He wrote, "As a prayer for peace, the rosary is also, and always has been, a prayer of and for the family. At one time this prayer was particularly dear to Christian families, and it certainly brought them closer together. It is important not to lose this precious inheritance. We need to return to the practice of family prayer and prayer for families, continuing to use the rosary."

The Rosary is a simple prayer in which we can deeply meditate on the events or mysteries in the history of our salvation. There are twenty mysteries divided into the five Joyful Mysteries, the five Luminous Mysteries, the five Sorrowful Mysteries, and the five Glorious Mysteries. During this month we invite you to pray the rosary together as family for unity and peace in our families and in the world. You can also pray for special intentions in your family to make this prayer time more meaningful. If you are not able to pray the whole rosary, pray at least a decade to strengthen your faith as we begin the year of faith.

Remember that Our Blessed Mother can bring us closer to Jesus.

"The family that prays together, stays together."

Please keep me in your prayers as you are in mine,

Sister Guadalupe Hernandez, SJS
VMCHS Principal



Message from our Vice Principal...



1986 Senior Picture & Today

For those of you who do not know me, my name is Elva Olivas, class of 1986, and for the younger generations, I am Mrs. Ochoa or Mrs. O.

As a student from the 80's, not that long ago, I have many fond memories of my classmates, schoolmates, teachers and administrators. All of us from the 80's and 90's have to remember Mr. Carillo's famous words, "let me give you a little bit of history" or "remember the end

does not always justify the means". For any of us who wanted to be mischievous, there was one weapon that always stopped us cold, Sr. Anna Rosa's footsteps as she walked towards us in her high heels.

I have had the blessing of having many family members attend Vincent, my siblings, cousins, nieces, nephews and for someone who has been connected with Vincent through many generations, I can assure you of one thing, Mrs. Carreño can still see what you are doing from the corner of her "Oriental Eye"!!!

Today, I am privileged to represent Vincent as an alumna, as a parent/guardian and as part of an extraordinary group of people who have over the years formed part of the Vincent faculty and administration. As a teacher and administrator I have had the blessing to be a part of fourteen generations of young men and women who have, like all alumni, walked the hallways as a proud Scot; laughed out loud, cried on each other's shoulders and left our footprint on our beloved Vincent Memorial!

I frequently tell the students that it is not coincidence that they were chosen from hundreds of students to attend the only Catholic High School in the Imperial Valley, and I believe this applies to all 45 generations. We, the chosen ones, the proud Scots were handpicked by God to carry on the traditions, the charisma that is Vincent Memorial.

Today, the Vincent Memorial family is proud to say that Vincent Memorial Catholic High School is recognized as an elite school who strives to prepare Christ-centered leaders and assist them in their dreams of pursuing higher education in universities around the world. This did not happen overnight and the Vincent Memorial Family stretches far beyond the walls of our current students and their families. Vincent Memorial's rich history would not exist if not for the 45 generations who have graduated from our school ... And for those Crusaders, the Sister Servants of the Blessed Sacrament, Teachers, Parents and Students who firmly believe in Catholic education and have at some point walked the halls of the Vincent Memorial campus.

I hope that whenever you recall your classmates, teachers, the staff and the administrators from your generations, it is with a smile. A smile about the good times, about the victories and defeats, about the friends you made while at Vincent, about those long class discussions whose purpose was to ensure that the class ended before more work was assigned, about the school shoes and how magically our skirts got shorter when teachers were not around. I also hope that you always keep your Alma Mater in your prayers and that you pray for those crusaders of the past, present and future who dedicate their lives to Catholic education.

Also, rest assured that God is watching over you because Mr. Jacobelli tells us that he always prays for Vincent alumni and asks God to watch over us and we all know that Mr. Jacobelli keeps his word!

So fellow alumni, God has been good to us indeed! I believe Father Vincent would be proud of us! God bless the Vincent Memorial Scots!

Mrs. Elva Olivas Ochoa

VMCHS Assistant Principal

VMCHS Class of 1986!

Scot Wall

Did you just graduate from college? Did you get a new job? Did you get married? Did you have children? We want to know!

Tell your fellow Scots what you have been up to.

This section will display the stories that are submitted to development@vmchs.com

STAY CONNECTED, POST ON
OUR SCOT WALL

Reunions

Interested in planning a reunion?

We would love to host your reunions at VMCHS. Our gym is very spacious and is equipped with an Air Conditioning system. Host your reunions where it all happened! Contact the office at (760) 357-3461 or send an e mail to development@vmchs.com.

If you already planned one, send us the information and a contact number and we could publish it here!

Go Scots!

Vincent Memorial Catholic High School

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